



ANNOUNCING !!

NCCP Level 1 Technical Phase 1 Course

All skaters who are **16 years of age or older** and have **passed the Preliminary Free Skate, Dance, Skating Skills tests plus one Junior Bronze test** are invited to attend this three day coaching course sponsored by Skate Canada – Saskatchewan. **Applicants must be current Skate Canada members. Course content:** Pre-course worksheet, on-ice skating assessment, small group interviews, professional coaching ethics, communication, teaching & learning, basic technique, sport system, music, CanSkate. **Participants must also be able to demonstrate adequate skating ability.** As well, **participants are evaluated on presentation** (dress, punctuality, attitude, technical knowledge, communication skills). A Phase 1 CanSkate Assignment will be given out at the course and must be successfully completed to get credit for the course. **The Level 1 – Phase 1 course now includes the NCCP theory portion of Level 1** (Introduction to Competition Part A) so this no longer has to be taken through the Saskatchewan Coaches Association. Information on this and other changes as well as the new Canskate certification requirements will be discussed at the course.

DETAILS ARE AS FOLLOWS:

Date: Friday September 5th – Sunday September 7th, 2008 (inclusive)

Times: 8:30 A.M. – 5:00 P.M.

**Location: REGINA – Off-Ice – Sport Building – 2205 Victoria Avenue
– Clarence Mahon - 130 Brotherton Ave.** (Transportation will be arranged)

Course Registration Fee: \$375.00 (Fees may be paid by VISA or Mastercard)
- Registration fee covers all materials, ice time, learning facilitator fees and assignment marking fees.

Learning Facilitator: Shelley Glazer-Clements

Registration Deadline: Monday August 25, 2008 (must be in office)

Applications will be accepted on a first come – first served basis. Numbers are limited. Following the deadline date you will receive a final information, worksheet and schedule. **Please return the attached registration form if your wish to attend.**

Accommodation Possibilities:

Sandman	1-800-SANDMAN	West Harvest Inn	1-800-853-1181	Regina Inn	1-800-667-8162
Budget	1-306-584-8800	Days Inn	1-800-Days Inn	Travelodge	1-306-586-3443
Ramada	1-800-209-3555	Comfort Inn	1-306-789-5522	Super 8	1-800-800-8000

PLEASE NOTE:*****

Phase 1 – Upon acceptance of registration, candidates will receive a pre-course worksheet that is due at the beginning of the course. The worksheet takes approximately one hour to complete. Candidates must also participant in an on-ice skating assessment of basic skills (forward & backward crosscuts, three turns, mohawks and edges) during the course. **Participants successfully completing the course & workbook will be able to coach Canskate in Skate Canada clubs provided they register with Skate Canada as a coaching member and have a valid first aid certificate.**

Phase 2 - Home Study - Introduction to Figure Skating - Workbook content: practical observation with an evaluator/judge, practical observation with a mentor coach, exercises on the STARSkate program, business of coaching, ethical coaching, and communication – Workbook turned in at time of application for Phase 3. **There is no time limit to complete Phase 2 & 3 course after completing Phase 1 however, after September 1, 2009; a coach must become certified as a Canskate Coach if the Phase 3 is not completed after two years of consecutively coaching Canskate . This is a new rule recently established by Skate Canada.** Information regarding this change and the Canskate certification process will be posted on the Skate Canada Saskatchewan web site once everything has been finalized.

Phase 3 – Attend 3 Day Course - Course content: Preliminary & junior bronze skating skills, free skate and dance (performance standards), rules, skill analysis, interpretive skating, pair skating, synchronized skating, music & choreography, ethics, HR management, physical preparation, talent id, interviews, mentoring session, practice teaching and a review/ follow-up of the Phase 2 home study

Phase 4 - Must have completed the Level 1 Technical components, be first aid certified and be a registered Skate Canada professional coaching member, Complete 50 hours of coaching (minimum of 40 hours on-ice) at a Skate Canada member club. Submit three 15-minute video lessons at the primary STARSkate level. **Must select three different lessons from** one of the following eight (8) categories:

Jump, Spin, Stroking, Skating Skills, Interpretive, Dance, Synchronized, Pairs Complete and submit the Practical Coaching Record to your Section Course Administrator. Two-year time limit from time Phase 3 is completed.

ANY QUESTIONS SHOULD BE DIRECTED TO DALE HAZELL AT (306)975-0838 or saskskatercoach@shaw.ca



REGISTRATION FORM

FOR NCCP LEVEL 1 TECHNICAL PHASE 1 COURSE

I would like to attend the NCCP Level 1 Technical Phase 1 Course in
REGINA – Friday September 5th – Sunday September 7th, 2008 (inclusive).

Name: _____ Telephone: _____ Fax: _____

Address: _____ City/Town: _____

Postal Code: _____ Email: _____

Confirmation will be sent by email or fax – Please print clearly

Skate Canada # _____ Birth date: Day ___ Month ___ Year _____

Skating Test Qualifications (*indicate the highest test passed*)

Skating Skills _____ Free Skate _____

Dance _____ Competitive _____

Include with this Registration:

- Proof of test passed – must have all 3 preliminary tests & 1 junior bronze test)
- Proof of Skate Canada Membership
- Proof of Age

Registration Fee Enclosed - \$375.00

Make cheque payable to **Skate Canada Saskatchewan** or bill ___ VISA ___ Mastercard

Credit Card # _____ - Expiry _____ Name on Card _____

REGISTRATION DEADLINE: Monday August 25th, 2008

- **All Registration Forms and materials must be in the Coaching Department Office by the Deadline Date. The first 20 applicants will be accepted. A minimum of ten (10) applicants are needed to hold the course.**
- **All participants are responsible for their own accommodations and meals**

**RETURN TO: Skate Canada Saskatchewan
Coaching Department
510 Cynthia Street
Saskatoon, SK S7L 7K7**

Fax: (306) 242-8007 – Payment is expected within one week from date of fax
AND BEFORE THE DEADLINE DATE

For Information Phone: (306) 975-0838 E-Mail Address - saskskatercoach@shaw.ca