



## 2011-2012 Technical Q & A #1



### STARSkate Gold Singles Free Skate Clarifications

May 17, 2011

The below clarifications are regarding the Gold Singles well balanced program requirements for the 2011-2012 season. Once reviewing the document if you still have questions, contact Skate Canada at [coaching&programs@skatecanada.ca](mailto:coaching&programs@skatecanada.ca)

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#### **Gold Singles Free Skate:**

JUMPS: Maximum of ~~seven~~ six (women) / seven (men) jump elements.

One additional jump may be included if it is an attempted double Axel or any triple.

- (1) Question: Now that skaters have the option of doing the double Axel or triple jump in their program, what are the criteria to have it counted as an additional element?

Answer: Any attempt regardless of how it is called will count. For example 2A, 2A< and 2A<< will all count as the additional element.

- (2) Question: What happens if the skater has 7 jump elements (women) or 8 jump elements (men) and one is not a 2A or triple attempt?

Answer: In this case, the jump element with the lowest BASE VALUE will be invalidated. If the jump element in question is a combination or sequence, the entire element will be invalidated. Note, this invalidated element will still count in the verification of other WBP criteria.

- (3) Question: If the skater is planning on attempting a 3T and pops it into a 2T what happens.

Answer: Any "popped" jump is called as it is seen. In the case above it would be called a 2T. If there are still 7 jump elements (women) or 8 jump elements (men) included in the program and no other triple attempt or 2A attempt then one jump element will be invalidated as per the instructions above.

- (4) Question: If a skater is not yet executing a 2A or triple, do they need to choreograph two programs – one with 6 jumps now and one planned for 7 jumps later?

Answer: While that is certainly a coaching option, a skater is allowed to skate with 7 jump elements even if there is not a 2A or triple attempt. In that case, one jump will be invalidated leaving only 6 to count.

- (5) Question: Are skaters required to do the double Axel or triple jump when taking the Gold Free Skate test?

Answer: No, it is not a requirement for a test, but it is permitted as an additional element. Only 6 jump elements (women)/7 jump elements (men) will be scored and counted when adding up the total GOE's in a Gold test. For example, in Gold women if there are 7 jump elements then the jump element with the lowest GOE score will not count in the calculation of the GOEs. In a case that a skater has a good 2A or triple it will help in passing the test.