

## Liability Agreement

The skater, or if the skater is under 19 years of age, the skater and parents/guardians agree that the skater skates at his/her own risk. The skater will not hold the Glengarry Figure Skating Club and its officers or employees responsible for any loss or damage sustained through injury to the skater, or other skaters, on or off the ice, nor any other liability, loss, damage or expense incurred as a result of the skater participating in the Glengarry Summer School 2010 program. The skater will abide by the rules of the Club and Skate Canada. All fees for skating and testing will be paid in advance.

Signed \_\_\_\_\_  
Parent/Guardian if skater under 19 years of age

Date \_\_\_\_\_

## Test Certification

Test day is tentatively scheduled for Sat, July 31, 2010

Home Club: \_\_\_\_\_

Home Club Skate Canada No. \_\_\_\_\_

Club Address: \_\_\_\_\_

City: \_\_\_\_\_ Prov: \_\_\_\_\_

Highest Test Passed: \_\_\_\_\_

Skills \_\_\_\_\_

Dance \_\_\_\_\_

Freeskate \_\_\_\_\_

Tests you may take:

\_\_\_\_\_

This is to certify that \_\_\_\_\_ is a member in good standing of the above Club and has permission to take tests at the Glengarry Figure Skating Club 2010 Summer School.

\_\_\_\_\_ Phone: \_\_\_\_\_  
Home Club Test Chairperson (signature)

Please make cheque or money order payable to:

**GFSC-Summer School**  
**MAIL TO:**  
**P.O. BOX 23045**  
**Penticton BC V2A 8L7**

Reservation is secured only if the total fee accompanies this form;  
50% down and a post-dated cheque payable for July 5, 2010.  
Please note: There are no refunds.



## Coaching Staff...

### Alex Sergeev

National and International Coach with NCCP Certified Level 2, partial Level 3  
Ranking 3 Level in PSA (Professional Skating Association), USA

Contact for private lessons at alex.v@telus.net



### Janelle Morcombe

NCCP Certified Level 1, partial Level 2

Contact for private lessons at  
Janelle@paperclipcollective.com



### Dale Wood

Contact for private lessons at dhwood@shaw.ca  
or call (250) 493-0559

## About Glengarry Figure Skating Club...

The Glengarry Figure Skating Club is a non profit community based organization located in the beautiful, sunny Okanagan Valley.

We strive to provide excellence in recreational and competitive skating by:

- Providing a professional, respectful and positive learning environment;
- Developing all levels of skaters to achieve their full potential; and
- Becoming the recognized leader in providing developmental opportunities in the Southern Okanagan.

**Come join us this summer...and have some fun in the sun!**

A Proud Member of  
**Skate Canada**



**Glengarry  
Figure Skating  
Club presents**

**42nd Annual**

**Summer Skate  
School 2010**



**July 5-31**

**McLaren Park Arena  
Penticton, BC**

[www.glengarryfsc.com](http://www.glengarryfsc.com)

# Ice Schedule \*schedule subject to change

## CanSkate/Junior Academy

Tues/Thu 11:30am-12:15pm (offered as Group Lessons)  
Tues/Thu 12:15pm-1:45pm Additional Junior Academy

### Primary/Intermediate B

Mon/Wed/Fri/Sat 12:00pm-3:15pm  
Tues/Thu 12:15pm-2:30pm

### Intermediate A/Senior

Mon/Wed/Fri/Sat 8:15am-12:00pm  
Tues/Thu 8:15am-11:30pm



## Ice Schedule Components

### Primary/Intermediate B

Mon/Wed/Fri/Sat

12:00-12:30 Dance & Skills  
12:30-12:45 Stroking  
12:45-1:00 Flood/Break  
1:00-2:00 Freeski (simulations on 2<sup>nd</sup> & 4<sup>th</sup> Fri)  
2:00-2:15 Dance & Skills  
2:15-2:30 Group Enrichment  
2:45-3:15 Off-ice Warm Up

### Primary/Intermediate B/Junior Academy

Tues/Thu

12:15-12:45 Dance & Skills  
12:45-1:45 Freeski  
1:45-2:00 Stroking (only Primary/Int B)  
2:00-2:30 Group Enrichment (only Primary/Int B)  
2:45-3:15 Off- Ice (only Primary/Int B)

### Intermediate A/Senior

Mon/Wed/Fri/Sat

8:15-8:45 Off-ice Warm Up  
9:00-9:45 Freeski  
9:45-10:15 Dance & Skills  
10:15-10:30 Stroking  
10:30-10:45 Flood/Break  
10:45-11:00 Group Enrichment/Simulations 2<sup>nd</sup> & 4<sup>th</sup> Fri  
11:00-12:00 Freeski (Simulations)

Tues/Thu

8:15-8:45 Off-Ice Warm Up  
9:00-9:30 Dance & Skills  
9:30-10:30 Freeski  
10:30-10:45 Stroking  
10:45-11:15 Group Enrichment

**Remember: Private Lessons are booked directly with the Coaches (see back panel)**

## Summer School Objectives

- Build endurance, stamina and skating skills by combining on-ice and off-ice training;
- Determine skaters' individual goals for the upcoming season and outline test needs regarding the Competition Schedule in the BC/Yukon area;
- Create and/or work on programs for the upcoming season, and;
- Emphasis on preparation for freeski, dance and skills tests for the 2010/2011 season.

**Coaches who currently hold certification with Skate Canada are welcome to attend with their students!**

### Group Qualifications

**CanSkate** participants are in Levels 1-4 of the CanSkate program

**Junior Academy** participants are in either CanSkate levels 5-7 or in introduction to StarSkate.

**Primary or Junior** participants are working on singles, are pre-preliminary or elementary qualified and are first year CanSkate competitive.

**Intermediate B** participants are landing all singles, working on axels and are preliminary qualified (not passed prelim free).

**Intermediate A** participants are landing axels and have passed Prelim freeski.

**Questions? CALL Sally at 778-515-0012**  
**EMAIL at [info@glengarryfsc.com](mailto:info@glengarryfsc.com)**  
**OR VISIT OUR WEBSITE:**  
**[www.glengarryfsc.com](http://www.glengarryfsc.com)**

## Registration Form

Deadline for Registration is June 24, 2010

Scater's Name: \_\_\_\_\_

Address: \_\_\_\_\_

City: \_\_\_\_\_ Prov: \_\_\_\_\_ PC: \_\_\_\_\_

Phone No: \_\_\_\_\_ Email: \_\_\_\_\_

Birthdate (dd/mmm/yy): \_\_\_\_\_ Age: \_\_\_\_\_

Skate Canada No: \_\_\_\_\_

Parent/Guardian: \_\_\_\_\_

BC Medical/other: \_\_\_\_\_

Home Club/Coach: \_\_\_\_\_

**Choose a Session**

Note: private lessons booked directly with coaches

### CanSkate & Junior Academy

- \$95.00 Full Month
- \$48.00-1 day a week:  Tues OR  Thu
- \$48.00- 2 weeks:  Week 1  Week 2  Week 3  Week 4
- \$68.00 Additional Junior Academy Ice-time (Tues/Thu)

### Primary/Intermediate B

- \$485.00 Full Month
- \$243.00- 2 weeks:  Week 1  Week 2  Week 3  Week 4
- \$122.00- 1 week:  Week 1  Week 2  Week 3  Week 4
- \$323.00 (4 days)  Mon  Tues  Wed  Thu  Fri  Sat
- \$243.00 (3 days)  Mon  Tues  Wed  Thu  Fri  Sat
- \$162.00 (2 days)  Mon  Tues  Wed  Thu  Fri  Sat

### Intermediate A/Senior

- \$500.00 Full Month
- \$250.00- 2 weeks:  Week 1  Week 2  Week 3  Week 4
- \$125.00- 1 week:  Week 1  Week 2  Week 3  Week 4
- \$333.00 (4 days)  Mon  Tues  Wed  Thu  Fri  Sat
- \$250.00 (3 days)  Mon  Tues  Wed  Thu  Fri  Sat
- \$167.00 (2 days)  Mon  Tues  Wed  Thu  Fri  Sat

All skaters can buy-on additional ice time at \$15.00/hr

Session Total: \_\_\_\_\_

Buy-on hours: \_\_\_\_\_

Total Enclosed: \_\_\_\_\_

**Please complete reverse side** →