



ANNOUNCING !!

NCCP Level 1 Technical Phase 1 Course Instructor Beginner – CanSkate

All skaters who are **16 years of age or older** and have **passed the Preliminary Free Skate, Dance, Skating Skills tests plus one Junior Bronze test** are invited to attend this three day coaching course sponsored by Skate Canada – Saskatchewan. **Applicants must be current Skate Canada members. Course content:** Pre-course worksheet, on-ice skating assessment, small group interviews, professional coaching ethics, communication, teaching & learning, basic technique, sport system, music, CanSkate. **Participants must also be able to demonstrate adequate skating ability.** As well, **participants are evaluated on presentation** (dress, punctuality, attitude, technical knowledge, communication skills). A Phase 1 CanSkate Assignment will be given out at the course and must be successfully completed to get credit for the course. **The Level 1 – Phase 1 course now includes the NCCP theory portion of Level 1** (Introduction to Competition Part A) so this no longer has to be taken through the Saskatchewan Coaches Association. Information on this and other changes as well as the new CanSkate certification requirements will be discussed at the course.

DETAILS ARE AS FOLLOWS:

Date: Friday May 14 – Sunday May 16, 2010 (inclusive)

Times: 8:30 am – 5:30 pm

**Location: SASKATOON – Off-Ice – Remai Center – 510 Cynthia Street
– On-Ice – A.C.T. Skating Center – 107 – 105th Street**

Course Registration Fee: \$375.00 (Fees may be paid by credit card)
- Registration fee covers all materials, ice time, learning facilitator fees and assignment marking fees.

Learning Facilitator: Rosemary Armstrong

Registration Deadline: Friday April 30, 2010 (must be in office)

Applications will be accepted on a first come – first served basis. Following the deadline date you will receive a worksheet and schedule. Please return the attached application if you wish to attend.

Accommodation Possibilities:

Travelodge 1-800-578-7878 Heritage Inn 1-888-888-4374 Saskatoon Inn 1-800-667-8789 Comfort Inn 1-306-934-1122
Best Western 1-888-244-5552 Country Inn Suites 1-800-456-4000 Riviera Motor Inn 1-306-242-7272 Days Inn 1-306-242-3297

PLEASE NOTE:*****

Phase 1 – Instructor Beginner – CanSkate – Upon acceptance of registration, candidates will receive a pre-course worksheet that is due at the beginning of the course. The worksheet takes approximately one hour to complete. Candidates must also participate in an on-ice skating assessment of basic skills (forward & backward crosscuts, three turns, mohawks and edges) during the course. **Participants successfully completing the course & workbook will be able to coach CanSkate in Skate Canada clubs provided they register with Skate Canada as a coaching member and have a valid first aid certificate.**

Phase 2 - Home Study - Introduction to Figure Skating - Workbook content: practical observation with an evaluator/judge, practical observation with a mentor coach, exercises on the STARSkate program, business of coaching, ethical coaching, and communication – Workbook turned in at time of application for Phase 3. **There is no time limit to complete Phase 2 & 3 course after completing Phase 1 however, after September 1, 2009; a coach must become certified as a CanSkate Coach if the Phase 3 is not completed after two years of consecutively coaching Canskate . This is a new rule recently established by Skate Canada.** Information regarding this change and the CanSkate certification process will be posted on the Skate Canada Saskatchewan web site once everything has been finalized.

Phase 3 – Primary STARSkate – Trained – Attend 3 Day Course - Course content: Preliminary & junior bronze skating skills, free skate and dance (performance standards), rules, skill analysis, interpretive skating, pair skating, synchronized skating, music & choreography, ethics, HR management, physical preparation, talent id, interviews, mentoring session, practice teaching and a review/ follow-up of the Phase 2 home study

Phase 4 – Primary STARSkate – Evaluated – Must have completed the Level 1 Technical components, be first aid certified and be a registered Skate Canada professional coaching member. Complete 50 hours of coaching (minimum of 40 hours on-ice) at a Skate Canada member club. Submit three 15-minute video lessons at the primary STARSkate level. Must select three different lessons from one of the following eight (8) categories:
Jump, Spin, Stroking, Skating Skills, Interpretive, Dance, Synchronized, Pairs Two-year time limit from time Phase 3 is completed.

ANY QUESTIONS SHOULD BE DIRECTED TO DALE HAZELL AT (306) 975-0838 or saskskatercoach@shaw.ca



REGISTRATION FORM

FOR NCCP LEVEL 1 TECHNICAL PHASE 1 COURSE

Instructor Beginner - CanSkate

I would like to attend the NCCP Level 1 Technical Phase 1 Course in
SASKATOON – Friday May 14 – Sunday May 16, 2010 (inclusive).

Name: _____ Telephone: _____

Address: _____ City/Town: _____

Postal Code: _____ Email: _____

Skate Canada # _____ CAC # _____

(You will receive this number after receiving credit for your
NCCP Level 1 Theory – Introduction to Competition Part 1)

Birth date: Day _____ Month _____ Year _____ *(Please send a copy of birth certificate)*

Skating Test Qualifications *(indicate the highest test passed)*

Skating Skills _____ Free Skate _____

Dance _____ Competitive _____

Include with this Registration:

- Proof of test passed – must have all 3 preliminary tests & 1 junior bronze test)
- Proof of Skate Canada Membership
- Proof of Age

Registration Fee Enclosed - \$375.00

Make cheque payable to **Skate Canada Saskatchewan** or bill ___ VISA ___ Mastercard

Credit Card # _____ - Expiry _____ Name on Card _____

REGISTRATION DEADLINE: Friday April 30, 2010

- **All Registration Forms and materials must be in the Coaching Department Office by the Deadline Date. The first 25 applicants will be accepted. A minimum of ten (10) applicants are needed to hold the course.**
- **All participants are responsible for their own accommodations and meals**

RETURN TO: Skate Canada Saskatchewan

Coaching Department

510 Cynthia Street, Saskatoon, SK S7L 7K7

**Fax: (306) 242-8007 – Faxed applications will only be accepted when payment is made by credit card
– Original Registration Form must be mailed prior to course**

For Information Phone: (306) 975-0838 E-Mail Address - saskskatercoach@shaw.ca