



SKATECANADA
SASKATCHEWAN

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Phone (306) 780-9245 Fax (306) 780-9242

Email: sk.skate@sasktel.net Web Site: www.skatecanadasaskatchewan.com

Greetings from the Executive Director

Welcome back to a busy skating season. I hope everyone had an opportunity to enjoy some of the summer away from the arena.

With September bring registration; please ensure competitive skaters have been registered. Just a reminder that all mandatory insurance will be applied to your Skate Canada registration, the package received from BFL Canada is optional.

Please remind to check the website, as it is updated on a regular basis. Clubs will continue to receive the monthly newsletter and inserts via Canada Post. If you wish to be added to the email list, please see an email to sk.skate@sasktel.net. Alternately, if the club no longer wants to receive the paper copies please let us know.

Regional Fall Meetings have begun. Just a reminder that attendance at these meeting, meets the criteria for 2011/2012 MAP Grant. If your club is unable to attend please contact your Regional Coordinator to ensure you receive a copy of the information presented.

Skate Canada – Saskatchewan is looking for volunteers for the following events:

- *Sask Skate / Sask Open - Oct 7th – 10th in Saskatoon*
- *Skate Canada Sectionals – Nov 11th – 13th in Aberdeen*
- *Skate Canada Challenge Events – Nov 30th – Dec 4th in Regina*

If you are interested in helping out please contact the Section Office at (306) 780-9245 or email sk.skate@sasktel.net.

Looking for a CanPowerSkate Coaches Certification Clinic or CanSkate Team Leadership Clinic please see the applications posted online.

Skaters' Lottery tickets are now available, you have ordered yours?

- *Tickets are \$2.00 each*
- *23 prizes*
- *Club share \$22.00 / complete book sold*
- *Little expense to the club*
- *The top club in each category (1 – 199 & 200 & up) selling the most books per registered Skate Canada member will receive \$5,000. In the event of a tie the money will be split equally among the eligible clubs.*

“Plan the Work – then – Work the Plan”

*Yours in skating,
Danielle Shaw – Executive Director / Events Manager*



Inside:

- CanPowerSkate Coaches Certification Clinic
- CanSkate Team Leadership Training
- 2012 CanSkate Coach University Program

Clubs Only:

- Parent Code of Conduct
- Bring a Friend Q & A
- What Every Skate Canada Club Board & Skating School Administrator Needs to Know
- Great Family Skate
- Sanction

Skate Canada International Canadian Line-Up Finalized

OTTAWA, ON: Skate Canada announced today the remaining Canadian entries for the 2011 Skate Canada International in Mississauga, Ontario from October 27-30, 2011 at the Hershey Centre.

Elladj Baldé, 20, Pierrefonds, Que., is the third entry for Canada in the men's discipline. This will be his first senior grand prix appearance. He previously competed on the junior circuit in 2008.

Adriana DeSanctis, 23, Barrie, Ont., will compete at her first senior grand prix assignment in Mississauga in the ladies category. DeSanctis made the Skate Canada National Team after placing fifth at the national championships in January 2011.

Jessica Dubé, 23, St-Cyrille-de-Wendover, Que., and Sébastien Wolfe, 21, Terrebonne, Que., are the third entry in pair for Canada. This will be their first senior grand prix competition together. They both previously competed internationally with different partners.

National Team members Tarrah Harvey, 21, Vancouver, B.C., and Keith Gagnon, 23, South Surrey, B.C., are the third entry for Canada in ice dance. This is their debut on the senior circuit after competition on the junior circuit in 2008 and 2007.

2011 Skate Canada International Canadian Entries*:

Men's

Patrick CHAN (CAN)
Andrei ROGOZINE (CAN)
Elladj BALDÉ (CAN)

Ladies

Cynthia PHANEUF (CAN)
Amélie LACOSTE (CAN)
Adriana DESANCTIS (CAN)

Pair

Meagan DUHAMEL / Eric RADFORD (CAN)
Paige LAWRENCE / Rudi SWIEGERS (CAN)
Jessica DUBÉ / Sébastien WOLFE (CAN)

Ice Dance

Tessa VIRTUE / Scott MOIR (CAN)
Kaitlyn WEAVER / Andrew POJE (CAN)
Tarrah HARVEY / Keith GAGNON (CAN)

Skate Canada International is the second competition in the annual ISU Grand Prix of Figure Skating series. The other events take place in the United States (Skate America), China (Cup of China), France (Trophée Eric Bompard), Russia (Rostelecom Cup) and Japan (NHK Trophy). Skaters are awarded points based on their placements in the series' events. The top-six men and ladies and the top-six pair and ice dance teams qualify for the ISU Grand Prix of Figure Skating Final to be held in Quebec City, Que., from December 8-11, 2011 at the Pavillon de la Jeunesse at ExpoCité.

All-event tickets for Skate Canada International are \$170.00 plus applicable surcharges and they can be purchased online at www.ticketmaster.ca, by phone at 1.855.985.5000 and in person at the Hershey Centre Box Office.

*Entries are subject to change

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Skate Canada Update

Professional Coach Membership Card

The 2011-2012 season has begun and registration is well underway. At this time, Skate Canada would like to remind coaches that the professional coach membership card will be the **ONLY** photo identification accepted at Skate Canada events for accreditation purposes. In order for the card to be valid, coaches **MUST** have an appropriate photo, in which the coach's face is clearly identifiable (head and shoulders should take up approximately 75% of the photo). In order to avoid any problems at events this season, please see the photo requirements as outlined in Members Only under Personal Profile/Upload New Photo.

Should you have any questions please contact the Coaching and Skating Programs Department at coaching&programs@skatecanada.ca.

National Coach Apprenticeship Program

Come and join us for the National Coach Apprenticeship Program (NCAP) in December 2011! This year, the NCAP will be running in conjunction with the ISU Grand Prix of Figure Skating Final in Quebec City, Que. The program will once again be facilitated by Michelle Leigh with many of Canada's top coaches leading various presentations and workshops. The sessions will include the observation of some practices and events, competition planning (pre-comp, comp and post-comp), mental and physical preparation, strategies and tactics using CPC, travel logistics, planning on-site practices, etc.

The application form can be found in Members Only under Coaching/NCCP. Inquiries may also be emailed to coaching&programs@skatecanada.ca.

2012 CanSkate University Program

Skate Canada is proud to announce the return of the CanSkate Coach University Program (CSCU)! This is the second year for this program which provides intensive training for professional coaches who have demonstrated the ability to organize and deliver a high-quality CanSkate program and want to further their skills and expertise.

The 2012 CanSkate Coach University Program will run prior to the 2012 ACGM & NCC in Vancouver, British Columbia in May 2012. The application form can be found in Members Only Coaching.



- Pro Jersey Cresting
- Garment Cresting
- Digital Applications
- Figure Skate Sales
- Hockey Repairs
- Skate Sharpening

FALL-WINTER HOURS
MONDAY-FRIDAY 9:30-4:30
SATURDAYS 8:00-12:00

539-1805
1426 Cornwall St.
(½ Block North of Dewdney Ave.)
www.torchys.ca

Test Sheets

The following test sheets have been updated and are now available in Members Only under Technical and Programs/Test Sheets:

- Pre-Novice and Novice Singles (French version only) – The step/spiral requirement has been updated to clarify that women must do a spiral sequence.
- Novice Singles (English version) – The flying spin requirement has been updated to

indicate that a minimum of six rotations is required.

- Free Skate – Junior Silver, Senior Silver and Gold (French versions only) – The mandatory pass requirement for the free program was updated to clarify that the double jumps must be different.

Step Into Action



Step into Action is Dr. Riley Senft's personal quest to save the lives of future Prostate Cancer victims by educating men on the steps to early Prostate Cancer detection. On May 7, 2011, from Mile Zero in Cape Spear, NL, Riley will run nearly 60km each day across the country, finishing in Vancouver, British Columbia in October of 2011

On Thursday, September 1st, 2011 members of the Saskatchewan High Performance Team joined Dr. Riley Senft (son of figure skating judge Jean Senft) in this Prostate Cancer Awareness run through Regina.

Ways to Donate:

Make a donation online

Visit our secure donation site

<https://secure.e2rm.com/regisrtrant/donate.aspx?EventID=70250&LangPref=en-CA&Referrer=direct%2fnone>

Make a donation via mobile

Text "**STEP**" to "**41010**" to make a \$10 donation (Canadian mobile customers only)

Make a donation via regular mail

[Print the mail-in donation form](#) and mail it to the address on the form.

Helmet Use

Skate Canada Policy

Effective July 1st, 2011

1.0 General

All Skate Canada member clubs and skating schools who offer a CanSkate program must ensure all CanSkate and Adult CanSkate participants up to and including Stage 5 must wear a CSA approved hockey helmet while on the ice.

Clubs and skating schools must ensure this policy is enforced during all skating activities including competitions, carnival days or any other special on ice activities throughout the season for this level of skater.

Clubs and skating schools may choose to expand the use of CSA approved hockey helmets in their club as they see necessary. In general, anyone who lacks good control / balance when skating forward, backward and has difficulty stopping, as well as maneuvering around obstacles on ice must wear a CSA approved hockey helmet.

This policy is a minimum standard. Sections, at their discretion, may impose a higher standard which all clubs and skating schools within the sections' boundaries must adopt and implement.

2.0 Helmet use during Competition or Test Day

A skater beyond a CanSkate Stage 5 level that chooses to wear a CSA approved hockey helmet during a competition or test day will not be subjected to any deductions in relation to the use of a CSA approved hockey helmet.

Office Closure

Please note the Skate Canada – Saskatchewan Office in Regina will be closed the following dates (subject to change):

Sept 19th – 20th – On Course
Oct 7th – Sask Skate / Sask Open
Oct 10th – Thanksgiving
Oct 21st – Meetings in Saskatoon
Nov 11th – Remembrance Day



September 2011

Regional Fall Meetings

Region 1	Oct 1 st	Carlyle	
	Location TBA		10:00 AM
	Contact Tanya – thejohnstons@sasktel.net		
Region 3	Sept 18 th	Gull Lake	
	Location TBA		11:00 AM
	Contact Denise – limezero4@gmail.com		
Region 5	Sept 19 th	Regina	
	Le Moucron		7:00 PM
	Contact Debbie – kdrodg@sasktel.net		
Region 6	Oct 1 st	Yorkton	
	Gallagher Centre		1:00 PM
	Contact Judy – ivanh@sasktel.net		
Region 7	Sept 25 th	Naicam	
	Location TBA		2:00 PM
	Contact Donna – hdtfriesen@sasktel.net		
Region 8	Sept 18 th	Delisle	
	Composite High School Library		2:00 PM
	Contact Robyn – r.larson@sasktel.net		
Region 9	Oct 6 th	Saskatoon	
	Location TBA		7:00 PM
	Contact Cheryl – cfredekopp@sasktel.net		
Region 11	Oct 1 st	Tisdale	
	Location TBA		1:00 PM
	Contact Lynda – theilbraaten@sasktel.net		
Region 13	Oct 1 st	North Battleford	
	Location TBA		10:00 AM
	Contact Audrey – ag.greves@sasktel.net		

Upcoming Deadlines!!!!

Sept 23 rd	CanPowerSkate Coaches Certification Clinic
Sept 23 rd	CanSkate Team Leadership Clinic
Sept 30 th	Skate Canada Sectionals



Reminders

- Carnivals, Achievement Days, Invitational Competitions, Exhibition skates are Hockey games, etc must be sanctioned. Sanctions are available on-line at www.skatecanadasaskatchewan.com.
- Be sure to check the Skate Canada Members Only Login for information for the upcoming season.
- Be sure to check the web site www.skatecanadasaskatchewan.com for upcoming NCCP Course information, seminars and more.

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Calendar of Events

Subject to Changes

More information online at www.skatecanadasaskatchewan.com

Sept 16 – 18	NCCP Primary STARSkate Course	Regina
Sept 16 – 18	Autumn Skate	Ottawa
Sept 18	Region 3 Fall Meeting	Gull Lake
Sept 18	Region 8 Fall Meeting	Delisle
Sept 19	Region 5 Fall Meeting	Regina
Sept 23 – 25	Isabelle Henderson Competition	Paris
Sept 25	Region 7 Fall Meeting	Naicam
Sept 30 – Oct 1	Juvenile Judging & Evaluating Clinic	Saskatoon
Oct 1	Region 1 Fall Meeting	Carlyle
Oct 1	Region 6 Fall Meeting	Yorkton
Oct 1	Region 11 Fall Meeting	Tisdale
Oct 1	Region 13 Fall Meeting	North Battleford
Oct 1	CanSkate Team Leadership Clinic	Tisdale
Oct 1 – 2	CanPowerSkate Coaches Certification Clinic	Caronport
Oct 6	Region 9 Fall Meeting	Saskatoon
Oct 7 – 9	Sask Skate / Sask Open	Saskatoon
Oct 13 – 16	Octoberfest	Barrie
Oct 21	Skater Development Committee Meeting	Saskatoon
Oct 22	Section Board of Directors' Meeting	Saskatoon
Oct 22	CanSkate Team Leadership Clinic	Rosetown
Oct 29	CanSkate Team Leadership Clinic	Fort Qu'Appelle
Nov 11 – 13	Skate Canada Sectionals – Saskatchewan	Aberdeen
Nov 30 – Dec 4	Skate Canada Challenge Event	Regina
Jan 6	Finance Committee Meeting	Saskatoon
Jan 7	Section Board of Directors' Meeting	Saskatoon
Jan 14 – 15	Region1 Invitational Competition	Carnduff
Jan 14 – 15	Region 12 Invitational Competition	Shellbrook
Jan 14 – 15	Region 9 Invitational Competition	Saskatoon
Jan 20 – 21	Region 7 Invitational Competition	Wadena
Jan 21 – 22	Region 6 Invitational Competition	Esterhazy
Jan 27 – 29	Saskatchewan STARSkate Championships	North Battleford
Feb 4	Region 10 Invitational Competition	Biggar
Feb 4 – 5	Region 4 Invitational Competition	Indian Head
Feb 11 – 12	Region 3 Invitational Competition	Herbert
Feb 11 – 12	Region 11 Invitational Competition	Hudson Bay
Feb 11 – 12	Region 8 Invitational Competition	Martensville
Feb 20	Great Family Skate	
Feb 24 – 26	Jean Norman Competition	Swift Current
Mar 3 – 4	Region 13 Invitational Competition	TBA
Mar 9	Skater Development Committee Meeting	Saskatoon
Mar 9 – 10	Living Skies Synchronized Skating Invitational	Regina
Mar 10	Section Board of Directors' Meeting	Saskatoon
April 27	Section Board of Directors' Meeting	Regina
April 28	Skate Canada – Saskatchewan Annual General Meeting	Regina
April 28	Skate Canada – Saskatchewan Skaters' Lottery Draw	Regina