



INTERMEDIATE STARSKATE COACH MENTORSHIP PROGRAM

INFORMATION PACKAGE & APPLICATION

What is the Intermediate Coach Mentorship Program?

The Mentorship Program is an exciting learning opportunity to gain knowledge through experience and sharing. It is designed to substitute for the “Test Passed” evaluation requirement in the Intermediate STARSkate process. The Mentorship program will provide coaches with an opportunity to work with a mentor coach whose education and training including sport experience has been attained within the STARSkate coach context. By pairing up with a Mentor Coach coaches will have the opportunity to observe, ask questions and participate in his/her learning experience.

The Mentorship program is available to all coaches but is intended for those coaches wishing to complete the practical component the Intermediate STARSkate Coach program. This can not be used for the “Test Passed” portion of the Intermediate Provincial Coach program.

What is involved with the Mentorship program?

Once a coach has applied for the mentorship program, been approved and receives the Participant diary they will be required to do the following:

1. Shadow a Mentor coach (several may be used) for a total of 40 lessons observing 10 lessons in each STARSkate program discipline as outlined below and complete one lesson summary for each lesson shadowed. The mentor coach will be required to verify each lesson that their work was accurately represented and the participant coach accompanied them during the lesson. The amount of input you have into the lesson is up to the mentor coach.
2. Accompany and observe your Mentor’s athletes for evaluation at the Intermediate STARSkate test level or higher. Have the Test Chairman and Mentor Coach sign the appropriate sheets in your Participant Diary to verify that this component was completed.

Test Observation - Requirements

- a) **Free Skate** – 2 different tests (parts 1 & 2) at the Senior Bronze level or higher
 - b) **Skating Skills** – 2 different tests at the Senior Bronze level or higher
 - c) **Interpretive Skating** – 2 different tests at the Bronze, Silver or Gold levels
 - d) **Dance** – 2 different tests at the Senior Bronze level or higher
3. Once completed the Participant Diary is sent to the Skate Canada Saskatchewan NCCP Course Administrator to be verified. Once the mentor coach has been paid and all components of the Participant Diary has been marked completed by the NCCP Course Administrator you will receive a certificate of completion along with your marked diary. Information on the final evaluation process for certification will be sent at this time as well.

How does a coach register for the Mentorship Program?

1. If you have completed any of the following course options you are eligible to apply for the Mentorship Program
 - ISPC Home Study, ISPC Sport Science, ISPC Stroking & Skating Skills, ISPC Singles or Dance
 - ISPC Home Study, ISPC Sport Science, ISPC Stroking & Skating Skills, Level 2 Singles or Dance
 - Level 2 General Subjects, ISPC Sport Science, ISPC Stroking & Skating Skills, ISPC Singles or Dance
 - Level 2 General Subjects, Level 2 Singles or Dance
2. Be a registered as a current Skate Canada Professional Coaching member and have a valid First Aid certificate.
3. Contact the Skate Canada Saskatchewan NCCP Course Administrator to discuss and finalize an approved Mentor coach and make arrangements for the training. A Mentor coach must be at least Level 2 certified for 5 years or more. More then one mentor coach can be used but a main Mentor coach contact must be established.
4. Complete the Intermediate STARSkate Coach Mentorship Program Participant application. Send the application form along with a cheque to cover the administration cost of the mentorship program and the diary to the Skate Canada Saskatchewan NCCP Course Administrator at 510 Cynthia Street, Saskatoon, SK S7L 7K7
5. Once the application is approved, the Course Administrator will send you a copy of the Intermediate STARSkate Coach Mentorship Participation Diary and you can begin. Participants have two years to complete the diary.

What are the associated costs?

Coaches in the mentorship program are required to compensate the mentor coach for his/her time and expertise at the rate of \$3.00 per 15 minute lesson (\$12.00 per hour). If there is more than one mentor coach, the fees will be divided accordingly. The mentorship period is 10 hours.

Costs:	Administration Fee	\$ 25.00
	Mentorship Participant Diary	<u>15.00</u>
	Total Cost of Application	\$ 40.00
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Payment to be sent with application made out to Skate Canada Saskatchewan

Mentor Coach Fees (10 hours @ \$12.00) = \$ 120.00

Payment to be made to mentor coach or coaches following completion of participant diary

Further Information

Contact the NCCP Course Administrator at the Coaching Department of Skate Canada Saskatchewan at (306) 975-0838 or email saskskatercoach@shaw.ca